

PRESSURE

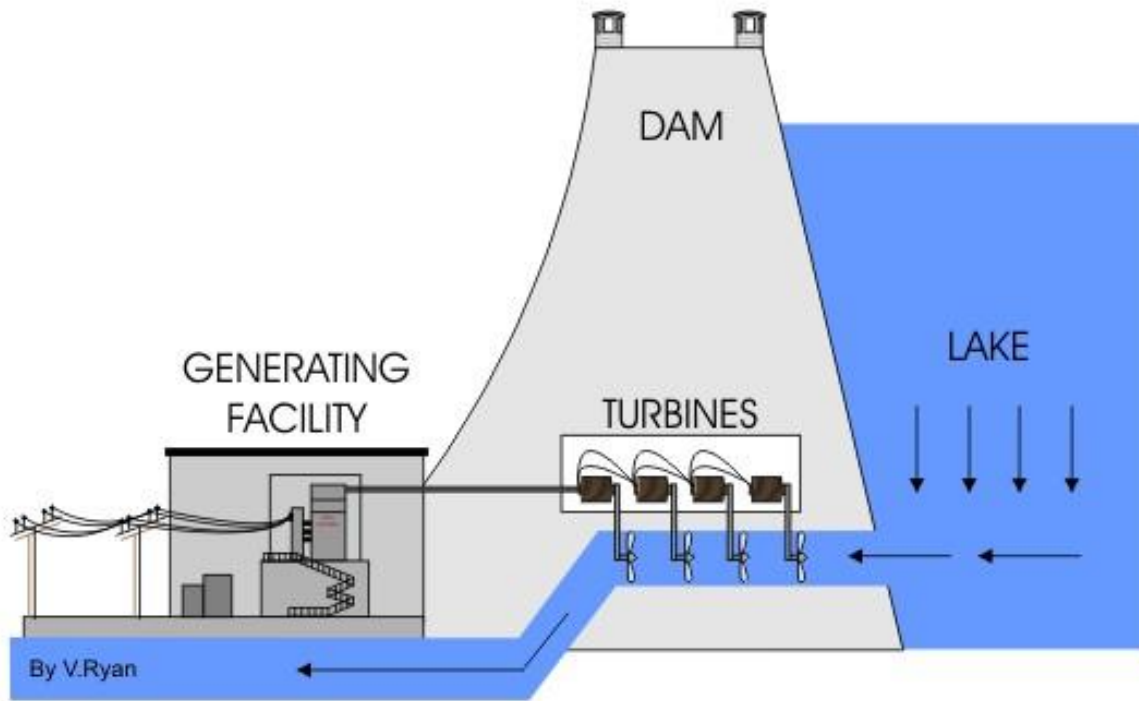
Depends on Force and Area



A

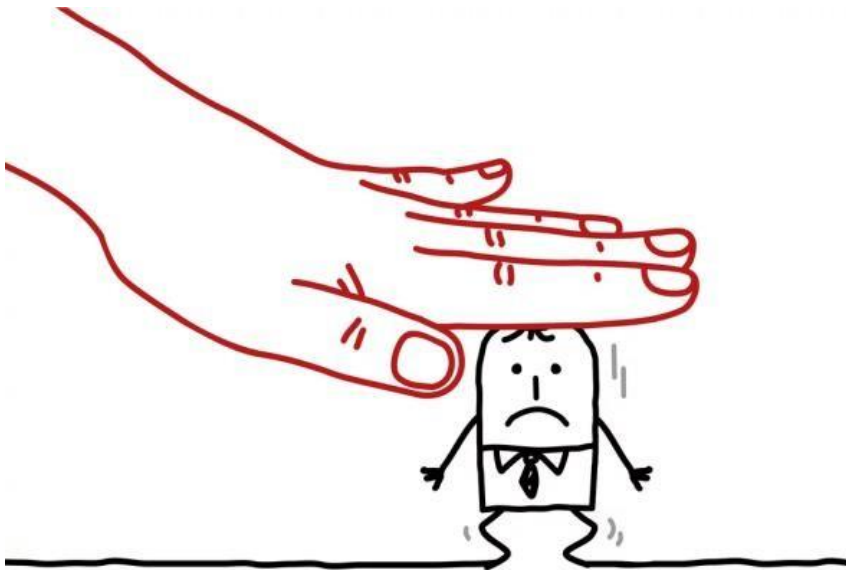


B



What is pressure:

- is the force applied perpendicular to the surface of an object per unit area over which that force is distributed.



Pressure

- Describes how a force is spread over an area.

$$P = F / A$$

Pressure = Force / Area

- It is a measure of how much force is acting on a certain area.



Increasing Pressure

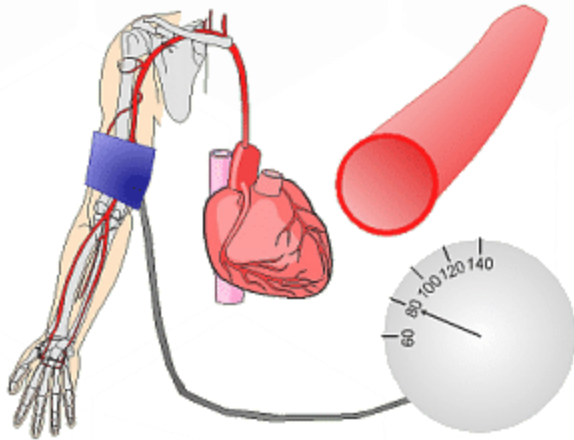
You can increase pressure in two ways:

1. Increase the force



2. Decrease the area of the force

Blood Pressure Measurement



How can
anything so
simple
be so complex?

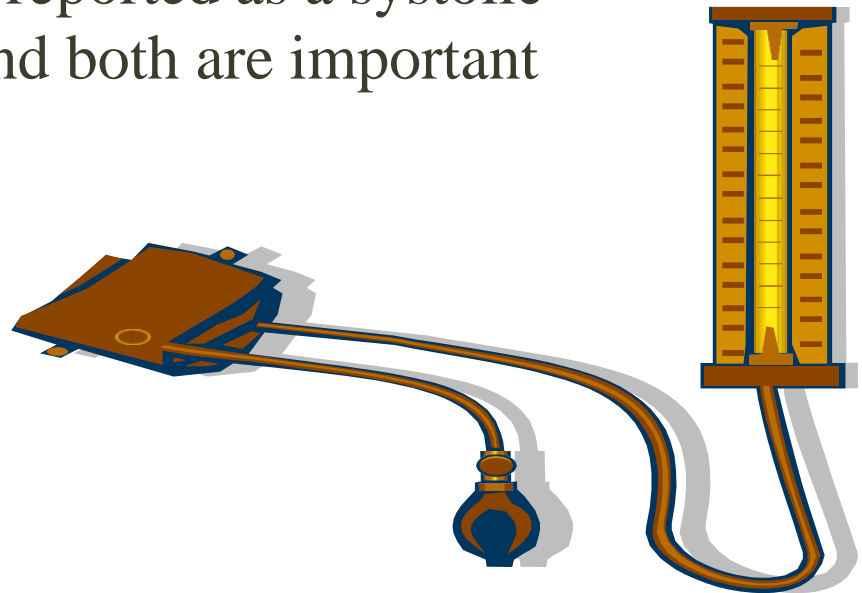
What is blood pressure?



- Blood is pumped from the heart to all parts of the body via arteries
- The **blood pressure** is the force of the blood pumped against the arteries.
- **The BP reading is represented as two numbers**
 - The **systolic pressure** is the pressure when the heart pumps (top number)
 - The **diastolic pressure** is the pressure when the heart rests (bottom number)

Blood pressure

- Blood pressure changes during the day
- It can rise with stress and emotion
- It is typically lowest during sleep
- Blood pressure is always reported as a systolic and a diastolic number and both are important

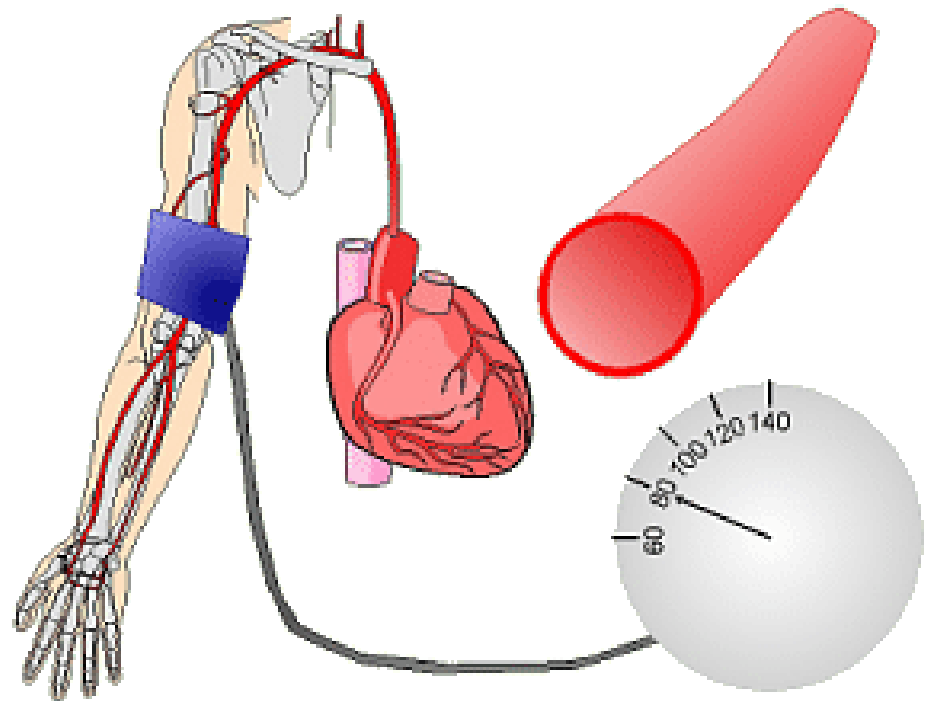


Blood Pressure

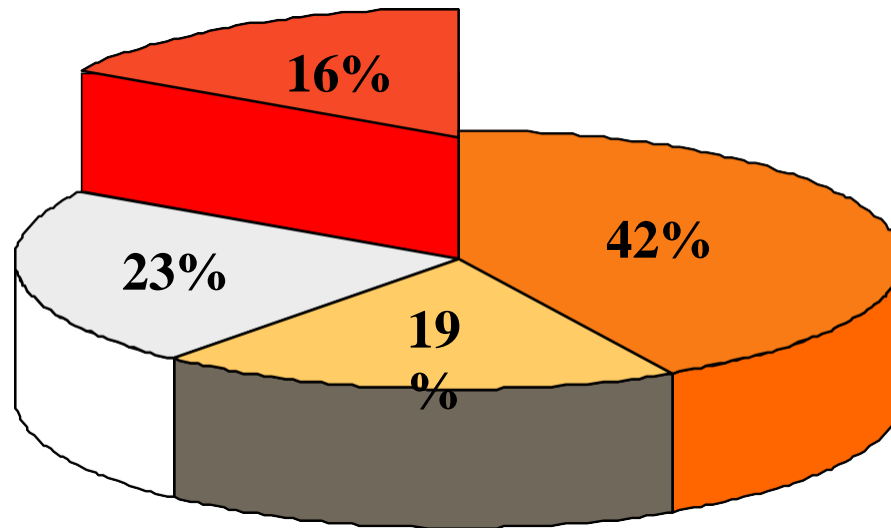
Blood Pressure (BP)

= Cardiac Output (CO) x

Total Peripheral Resistance (TPR)

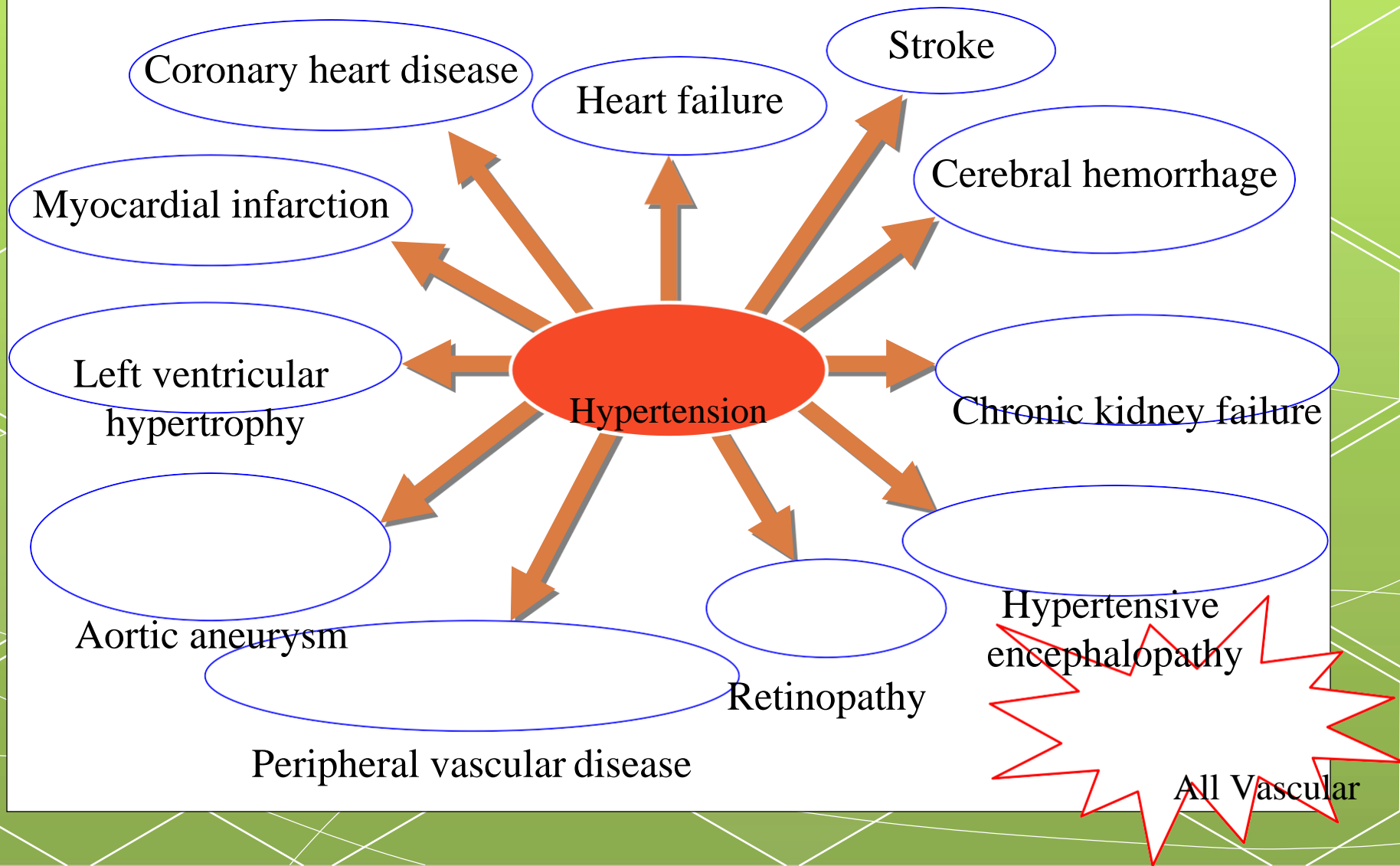


Awareness, Treatment and Control of High Blood Pressure in Canada



- Patients unaware of their high blood pressure 42%
- Aware but not treated and not controlled 19%
- Treated but not controlled 23%
- Treated and controlled 16%

Diseases Attributable to Hypertension



Measurement of blood pressure

